

EGG MUFFINS

INGREDIENTS

12 Eggs beat

Fresh Spinach

Applegate turkey bacon

Feta cheese

DIRECTIONS

Beat 12 eggs

Cook turkey bacon then once cooked crumple into 12 eggs.

Chop fresh spinach add to egg mix

Line muffin tray with muffin holders

Place egg mixture in muffin pan and bake at 350 degrees for 30 minutes or until it is not wet.

